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'Miracle' Survivors Return to Palisades

*Passengers sponsor luncheon to honor
Hudson County emergency responders*

When U.S. Airways Flight 1549 plunged into the Hudson River on January 15, passengers Dave Sanderson and Barry Leonard did not think they would make it out of the frigid waters alive. But all 155 passengers and crew aboard survived in what was quickly dubbed the 'Miracle on the Hudson.'

"A tragedy could have happened on January 15, but instead a miracle occurred," said Sanderson. "That miracle would never have happened without the (New York Waterway) ferry boats and the other first responders that were there that day."

While Capt. Chesley "Sully" Sullenberger gained worldwide acclaim for skillfully landing the plane into the river, Sanderson and Leonard wanted to recognize and thank the first responders in North Hudson County who were often overlooked following their heroic rescue efforts. On July 28, Sanderson and Leonard organized and sponsored a thank you luncheon to give special thanks to those first responders. The luncheon was held on Palisades Medical Center's outdoor patio, which is located approximately one mile north of where Flight 1549 made its water landing.

Sanderson and Leonard enjoyed a heartfelt reunion with Palisades' nurses and doctors, and



U.S. Airways Flight 1549 passenger Barry Leonard is hugged by Hilda R. Roque-Dieguez, MD, during the Miracle on the Hudson Thank You Luncheon at Palisades.

representatives from New York Waterway, North Hudson Regional Fire & Rescue, local police, fire and rescue squads and other service organizations.

(Continued on page 10)



Palisades' Emergency Department staff stand proudly with Miracle on the Hudson passengers Dave Sanderson and Barry Leonard.

Photos from
**CASINO
NIGHT
2009**
pages 6-7



You're Just the Person We've Been Looking For!

Volunteers play a vital role in helping Palisades Medical Center provide world-class care to our community. We invite you to join our winning team of dedicated volunteers to help make a difference. For more information, please call Denise Whitley at 201-854-5011.

PATIENT CARE

Help make patients feel more comfortable by spending quality time with them, providing transport services and running errands.

MEAL MATE PROGRAM

Assist patients who are unable to feed themselves. Flexible hours are available (one or two hours per meal).

GIFT SHOP

Stock shelves, tag merchandise and work the cash register and Lottery machine in our popular Gift Shop, which is open daily from 10 AM to 8 PM.

INFORMATION DESK

Become the 'face of Palisades' as you greet patients and their families.

AUXILIARY

Join the dedicated group of Auxiliary volunteers who organize bake sales, raffles and social events and other fundraisers to support the PMC Foundation.

CLERICAL SUPPORT

Lend a helping hand to office staff by filing, photocopying, answering phones and stuffing mass mailings.

COMMUNITY OUTREACH

Help spread the word about Palisades' services and programs by handing out literature and giveaways during local community events.

THRIFT SHOP

Work off-site at the Palisades Thrift Shop in Cliffside Park. The shop offers a variety of merchandise at very low prices and all profits support the PMC Foundation.



Letter from the Executive Director

During the recent Miracle on the Hudson thank you luncheon at Palisades, U.S. Airways Flight 1549 passengers Dave Sanderson and Barry Leonard used the term "heroes" to describe the emergency responders who worked to save lives following the Hudson River water landing. Their words reminded me how fortunate I am to work alongside so many heroes each day at Palisades.

Clearly, our [physicians and caregivers](#) are everyday heroes because they are driven to improve the health and well-being of others. Providing compassionate care isn't merely their job, but rather the mission to which they have dedicated their entire lives.

The hundreds of [volunteers and Auxiliary members](#) who generously offer their time and talents to Palisades should also be commended for their tireless efforts. They, too, are heroes in their choice to give of themselves to help others. I also have the pleasure of working with local residents who take great pride in supporting the PMC Foundation. [Our donors are heroes](#) because they possess a strong philanthropic spirit and understand the importance of supporting our neighbors.

On Halloween night, we will be honoring two heroic leaders during our 2009 Star Stream Ball. [Mark S. Gabelman, MD, and Antonio Ibarria](#) are both well recognized for going above and beyond to support our communities. This will be the perfect opportunity for all of us to celebrate their achievements.

Finally, I encourage you to pay a personal tribute to one of our heroic caregivers by making a donation to our [Guardian Angel Program](#). It is a great way to say 'thank you' while supporting the future of Palisades. Many thanks for your continued support!

A handwritten signature in dark ink, appearing to read 'Elisse Glennon'.

Elisse E. Glennon
VPI Executive Director

Palisades' Emergency Department Gets High-Tech Makeover

New Automated System Improves Patient Safety and Care

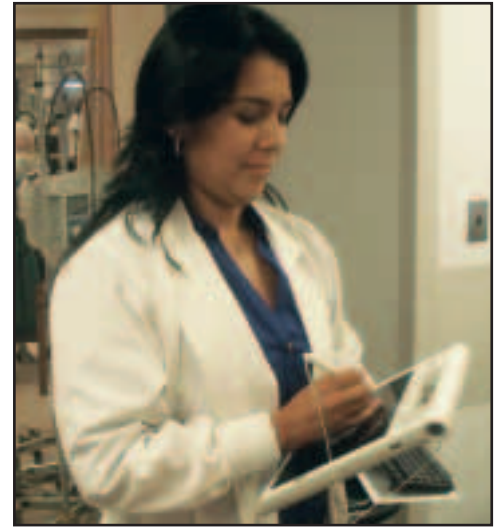
A new electronic system is helping to automate clinical documentation practices in the Emergency Department at Palisades Medical Center.

Picis' Integrated Clinical and Financial IT System reduces the amount of manual documentation by automating data collection from a wide variety of medical devices and integrating this data with online patient flow sheets. As a result, physicians and nurses have more time to spend with patients.

The new system improves patient safety by providing caregivers with on-the-spot

access to the latest information and to hospital care protocols and best practices. Data sharing also ensures that clinicians have all the information they need to provide quality care at all times.

Studies show that hospitals and health systems utilizing these approaches demonstrate a positive impact on both quality and financial performance of the entire healthcare organization. An average hospital can lose \$30 or more per patient in the E.D. from incomplete or inaccurate documentation, coding and charging for patient care provided.



EXTRA! EXTRA!

News 12 New Jersey, 7/28/2009

This story is for all those folks who say "How come there's never any good news." Well this is one of those good news stories.

Dave Sanderson and Barry Leonard, both of Charlotte, North Carolina, wanted to come back and personally thank first-hand all of those first responders and medical personnel at Palisades Medical Center who helped them in so many ways on that fateful day when Flight 1549 safely crash-landed into the Hudson River.

...The folks here at Palisades Medical Center and the ferry service and many others all helped them (Sanderson and Leonard)—not just in those immediate moments after the flight safely crash-landed, but later—hours after hours after hours getting their lives back together.

The Record, 9/1/2009 Emergency Rooms Feel Clock Ticking

The waiting room in the emergency department at Palisades Medical Center has a magnificent view of the Manhattan skyline. But patients better look fast: The hospital says its ER wait time is down to nine minutes.

Walk-in patients used to wait an hour or more before they were examined by a nurse at the North Bergen hospital's ER. Then they waited again to see a doctor. But that was before Palisades reorganized the front end of its emergency department into a rapid evaluation unit. Now, a team of two nurses, a technician and a physician move two or three patients at a time through fast-track triage and treatment.

...Ivett Sierra walked into Palisades on a recent morning at 8:57. She registered at 9:02 a.m. and was seen by a nurse and a doctor at 9:08. A year ago, she had to wait at least an hour. "This time, it was quick," she said.

The Hudson Reporter, 9/20/2009 Palisades Updates ER

Palisades Medical Center updated its emergency room this summer and continues to fine-tune the process in order to address the medical dilemma of wait times. Its emergency room now uses a Rapid Evaluation Unit (REU), where patients are asked questions and given a medical exam by two nurses: a technician and a physician. They often treat two to three patients within around nine minutes of them entering the hospital.

The REU was built onto the Emergency Room this year. It now features digital radiology, a new Picis computer system which allows for rapid delivery of a patient's history, a Vital Works computer system that gives staff up-to-the-minute updates of those in their care, an expansion of patient treatment areas with new cardiac, stroke, and ventilation equipment, and a renovation of patient waiting rooms and staff facilities.

Media outlets throughout our area have been highlighting the world-class care provided by the professionals at Palisades Medical Center.



Year-End Giving

It's hard to believe that the holiday season is just around the corner and that 2009 will soon be drawing to a close. With Thanksgiving only weeks away, there's never been a better time to make a special donation to support the work of Palisades Medical Center and The Harborage.

Remember – your donation offers beneficial savings for the 2009 tax season.

Make your donation online at palisadesmedicalfoundation.org, or call the PMC Foundation 201-854-5008.

Guardian Angel Program

The Best Care Deserves the Biggest Thanks



The Guardian Angel Program was created to express gratitude and appreciation for the excellent care provided by nurses, doctors and other healthcare professionals at Palisades Medical Center. Your gift pays tribute to a caregiver that has made a difference in your life.

To make a donation to the Guardian Angel Program, or for more information, please call 201-854-5008.

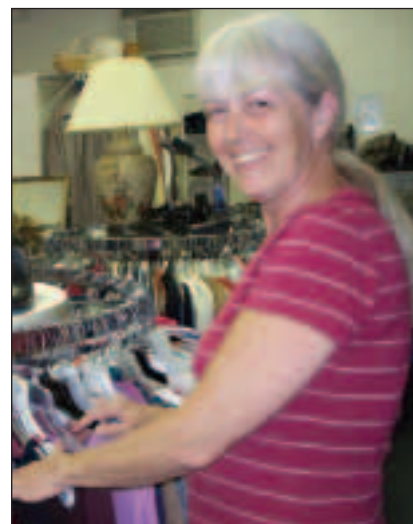
Remember...Every dollar makes a difference!

Great Deals in Store at the PMC Thrift Shop

For more than 13 years, local residents in search of great merchandise at very low prizes have frequented the Palisades Thrift Shop in Cliffside Park. The thrift shop has earned a strong reputation within our local community because all of its annual revenues are donated to support the PMC Foundation.

During the recent economic recession, the Palisades Thrift Shop has served as a vital shopping destination for local residents and families looking to trim their spending budgets.

Through the years, the Palisades Thrift Shop's best customers have been the ones that regularly buy and donate items in an effort to support the hospital. But in recent months, there have been many new customers in the shop who are searching for bargains during these tough times. This influx of new customers serves as a clear reminder that the Thrift Shop is here for two purposes – to support our community hospital AND to support local residents who



face daily economic struggles.

The Palisades Thrift Shop features new and used clothing for men, women and children of all ages. Other popular items include jewelry, furniture, toys, books, artwork, CDs and DVDs.

Now is the perfect time to clean out those closets and find some great items to donate to the Palisades Thrift Shop.

The Palisades Thrift Shop is located at 595 Anderson Avenue in Cliffside Park. It is open Monday through Saturday from 10 AM – 5 PM., and on Thursday from 10 AM – 8 PM. The shop also features a convenient pick-up service for donations.

For more information about the Palisades Thrift Shop, please call 201-945-6965.

Harborage News

Make a Lasting Tribute With the Tree of Life

Located in The Harborage chapel, the Tree of Life donor wall features beautiful bronze leaves, acorns and stones that can be engraved with the name of your loved one, nurse, aide or any individual you wish to honor. It is truly a unique way to support our work while leaving a visible tribute for others to see.

*Please call the
PMC Foundation Office
at 201-854-5008 for more
information on how to make
a Tree of Life donation.*



State Survey Praises The Harborage

During its annual inspection, the New Jersey Department of Health and Senior Services determined the Harborage was deficiency free for the second consecutive year. The New Jersey Department of Health is responsible to ensure the facility is compliant with mandatory federal and state regulations. After a thorough evaluation of the facility, resident care practices are reviewed and observed. Residents, families and staff are interviewed to determine their satisfaction with care at the Harborage. Each year, the Department conducts approximately 400 full, onsite licensure inspections with only a small percentage receiving a deficiency free survey.



Seniors ROC!

The Harborage's Seniors ROC volunteer team recently raised more than \$300 to support the Costa Verde International School by organizing a 50-50 Raffle and a special "Fire Sale" of crafts, greeting cards and holiday items.

Costa Verde International School is the

first "Green School" in Mexico. Its mission is to provide children and adults in Sayulita, Mexico, and the surrounding area with high quality, progressive education that is culturally and economically inclusive and focused on environmental sustainability, and to advance ecological responsibility.

Free Seminar! Long-Term Care— A Family Issue

Helping you make sense of it all!



*Presented to you by
Lillian Sonnenschein
Financial Advisor,
New England Financial*

**Long-Term Care
Insurance Presentation**
Tuesday, October 27, 2009
Palisades Medical Center Auditorium
6:30 PM - 7:30 PM

Don't miss this opportunity to learn more about Long-Term Care issues facing Americans today, and have your questions answered in a relaxed environment. Feel free to bring a relative or friend. Complimentary refreshments will be provided.

Registration begins at 6:00 PM
RSVP to reserve a seat by
calling 201-854-8012.



CASINO NIGHT '09

PALISADES MEDICAL CENTER AUXILIARY'S 3RD ANNUAL CASINO NIGHT

On August 20, nearly 250 local residents enjoyed an exciting night of gambling during the Palisades Medical Center Auxiliary's 3rd Annual Casino Night.

The Palisades Medical Center Auxiliary, a group of dedicated volunteers that work throughout the year to organize fundraising activities to support the PMC Foundation, coordinated the event, which was held at Frank's Waterside in North Bergen. Casino Night has become the volunteer group's signature event, and this year's presenting

sponsors were Thomas Heagney and Frank's Waterside.

Casino Night attendees enjoyed a lively outdoor reception on the Hudson River waterfront featuring Jason Nazzaro singing Frank Sinatra classics. Following the reception, attendees moved inside Frank's Waterside restaurant where they tested their skills in Blackjack, Texas Hold 'Em, Poker, Craps, and Roulette. The evening also featured a basket raffle, silent auction items and a Super 50-50 Raffle.



WANT MORE PHOTOS?

Visit www.palisadesmedicalfoundation.org



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SPECIAL THANKS TO OUR RAFFLE PRIZE DONORS:

Antonia's By The Park, Frank A. Atcheson, Esq. (Law firm of Clark, Atcheson & Reisert), Nancy Boden, Can-Do Fitness, Casino Party Inc., Cucharamama, Antoinette De Palma, Elisse Glennon, GP's Restaurant, Harbor Bar & Brasserie, Houlihan's (Weehawken), Carol Kravitz, Massage Envy, Medline Industries Inc., The Melting Pot, Maria Lampadarios, Mundo Latino, LeMarc's Hallmark, Dr. Jacob Lindenthal, Tom Murray, Muse Nails & Skin Salon, New Jersey Nets, New York Red Bulls, Stephen Orenchuk, Palace Diamond Center, RICOH, Dorothy Riley, Smart Circle, Son Cubano NYC, Dr. Aaron Stein, Trader Joe's, The Weeks Lerman Group LLC, Yippee Printing

CASINO NIGHT COMMITTEE/VOLUNTEERS

Nancy Boden, Chair—Northern NJ Cardiology Associates

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Jacqui Atcheson
Jackie Baran
James Cardo
Carmen Criscione
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Erika Desimone
Claire Friedman
Beatriz Garcia
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Barbara Salerno
Joanie Tridente
Mike Tridente
Sheila Wetstein
Denise Whitley
Alexandra Zapata



NEWS TO KNOW

- *Providing dietary guidance to children*
- *Speech Therapy Services expands*
- *PMC recognized for superior cardiac care*
- *SHU Grant to benefit stroke patients*
- *Learning about Kangaroo Mother Care*

Keeping Kids Focused on Eating Healthy



During the last 30 years, the number of children who are overweight has more than doubled among 2- to 5-year-olds and more than tripled among 6- to 11-year-olds. This increase has major health consequences and has broadened the focus of dietary guidance to address children's over consumption of energy-dense, nutrient-poor foods and beverages and physical activity patterns.

Palisades Medical Center's Registered Dietitians work throughout the year with children and their families to help reinforce lifelong eating habits that help children grow up healthy to reach their full poten-

tial and live healthy lives. The Palisades team provides individualized assessments and offers counseling on weight management, cholesterol and other important health issues.

Children (ages 2-11 years) should achieve optimal physical and cognitive development, attain a healthy weight, enjoy food, and reduce the risk of chronic disease through appropriate eating habits and participation in regular physical activity. For more information or to make an appointment, please call 201-854-5131 or 201-854-5133.

Speech Therapy Department Undergoes Expansion

Since 2002, Palisades Medical Center has seen a dramatic increase in patients requiring speech therapy services. Patient visits have jumped from 30 per month in 2003 to the current rate of more than 300 per month. Over the same time period, Palisades' team of speech therapists has also grown from one to six to meet this increase in demand for services.

A key reason for this growth is Palisades work with local schools and other area hospitals to help treat children with Autism and speech delay issues. By working with other community entities, Palisades is helping to ensure that comprehensive services are available for children with special needs by offering a full range of diagnostic and therapeutic services for speech, language, swallowing and voice disorders.

Palisades' speech therapists also work with adult patients whose abilities are impaired because of a stroke or head injury, those who suffer from speech impairments such as stuttering, patients who have suffered a hearing



loss and those with a mental disability or a condition such as cerebral palsy.

For patients who have swallowing problems, Palisades' speech therapists perform a barium swallow study to diagnose the cause of the problem and provide treatment. Recently, an adult patient was unable to eat following a stroke. After working with a speech therapist and adding Vital Stim (Electronic Stimulation) to the swallowing muscles, the patient is now able to enjoy full meals throughout the day.

For more information or to make an appointment, please call 201-854-5065.

10 Reasons to Consult with a Registered Dietician

- ✓ You want to eat smarter
- ✓ You have diabetes, cardiovascular problems or high blood pressure
- ✓ You have digestive problems
- ✓ You need to gain or lose weight
- ✓ You are thinking of having or have had gastric bypass surgery
- ✓ You want to improve your performance in sports
- ✓ You're pregnant or trying to get pregnant
- ✓ You need guidance and confidence for breastfeeding your baby
- ✓ Your child or teen has issues with food and eating healthy
- ✓ You're caring for an aging parent

* SOURCE - American Dietetic Association

Palisades Earns AHA/ASA Award for High Quality Cardiac Care



The American Heart Association (AHA) and the American Stroke Association (ASA) have recognized Palisades Medical Center for providing the best possible care to cardiac and stroke patients.

Palisades was featured in the "America's Best Hospitals" issue of *U.S. News & World Report* to commemorate its receipt of the AHA/ASA's *Get With The Guidelines* Performance Achievement Award. The awards are given for achievement in consistently caring for cardiac and stroke patients using the most up-to-date guidelines and recommendations.

Get With The Guidelines gives

healthcare professionals the tools and reports they need to effectively treat coronary heart disease, heart failure and stroke patients. Providers who use *Get With The Guidelines* are armed with the latest evidence-based guidelines and immediate access to clinical decision support to ultimately improve the quality of life and help reduce deaths among heart and stroke patients. Hospitals are recognized in each category in which they achieve at least 85 percent compliance to *Get With The Guidelines* measures. Currently more than 1,450 hospitals participate in the program.

The AHA/ASA recognition comes just a few months after Palisades became one of only two hospitals in the entire state to receive a Perfect 100 Score[®] in treating heart attack patients by New Jersey's Department of Health & Senior Services. The PMC Foundation also recently obtained grant support from the Robert Wood Johnson Foundation to participate in a statewide initiative that is reducing racial and ethnic health disparities for African American and Latino patients with heart failure.

Seton Hall University Grant Supports Stroke Patients



Brian B. Shulman, Ph.D., Dean of Seton Hall University's School of Health and Medical Sciences, presents a generous grant award to Palisades' Ingrid Pais, Director of Rehabilitation Medicine, and Jeanne Waxman, Coordinator of Speech Therapy.

Palisades Medical Center was one of four New Jersey hospitals to receive a \$15,000 grant from Seton Hall University's Education and Research Partnership Program for the development of a Post-Rehabilitation Stroke Support Group.

In the United States, more than 700,000 people suffer a stroke each year, and approximately two-thirds of these individuals survive and require rehabilitation. The goals of rehabilitation are to help survivors become as independent as possible and to attain the best possible quality of life. But during and after rehabilitation, stroke survivors may face emotional challenges as they struggle with daily physical tasks and their ability to communicate.

Palisades' Post-Rehabilitation Stroke Support Group is designed to address the difficulties experienced by stroke or neurological/brain injury patients who have completed a course of treatment. The support group meets weekly and participants discuss their experiences and share tips on solving challenges.

For more information on how you or your loved ones can participate in the Post-Rehabilitation Stroke Support Group, please call 201-854-5065 or 201-854-5588

Dr. Nils Bergman Speaks to Moms About KMC

On September 23, nearly 100 local residents were treated to special presentation by Dr. Nils Bergman, a South-African trained pediatrician whose Kangaroo Mother Care (KMC) offers a revolutionary way for mother's to care for their newborns, particularly those born prematurely.

KMC is a way of holding a preterm or full term infant so that there is skin-to-skin contact between the infant and the person holding it. The baby, wearing only a diaper, is held against the parent's bare chest. KMC for preterm infants is typically practiced for two to three hours per day over an extended time period in

early infancy. With babies who are medically stable, there is no maximum duration for KMC.

According to Dr. Bergman, separating babies from their mothers mitigates against breastfeeding success and has a broader detrimental affect on the infant's neurological development. Researchers have found that the close physical contact with the parent can help to stabilize the preterm infant's heart-beat, temperature, and breathing. Researchers also have found that mothers who use KMC often have more success with breastfeeding and improve their milk supply.

'Miracle'

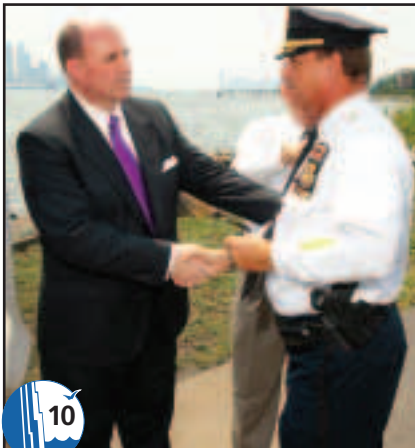
(Continued from page 1)

"I'm really bonded to Palisades Medical Center and the first responders," said Sanderson, who suffered severe hypothermia when he stood in the frigid water helping passengers transfer from the plane to a raft. "You don't realize how lucky you are to have people take care of you like this."

Choking back tears during the luncheon, Leonard expressed his gratitude to Palisades' staff and the first responders. He gave special thanks to Hilda R. Roque-Diequez, MD, who treated him for a fractured septum sustained during the crash landing. "Hilda was amazing," said Leonard. "She was the one in the triage who looked after me. She was my angel."

Sanderson and Leonard met when they were both taken to Palisades' Emergency Room. When they began to speak to each other, they realized that they only live a mile away from one another in Charlotte, N.C. The two men have developed a strong friendship since then, and both continue to fly regularly for business trips. In fact, Leonard continues to fly the same U.S. Airways flight every week to commute to-and-from his job in Manhattan.

"They (the first responders) are the people who helped us the most that day to get us back to where we are. We just wanted to do something to say thank you," said Sanderson.



Promoting Health and Wellness

Palisades' Outreach Efforts Improve Lives

Throughout the year, Palisades Medical Center's staff takes an active role in our local communities and provides free health screenings and education programs. Stay up-to-date on these Palisades' programs and more at www.palisadesmedical.org. Don't forget to check your mailbox for postcard reminders about upcoming health seminars at Palisades!

Upcoming Seminars



The following seminars will be held in the Palisades Medical Center Auditorium. Each seminar begins with Check-in/Registration at 6:30 pm, and the seminars are from 7:00 pm to 9:00 pm. All seminars are free and food and refreshments are provided. Free transportation is available from 60th St. & Bergenline Ave. starting at 5:30 pm. To attend, please call Nikki Mederos 201-854-5702.

NOVEMBER 4
Breast Cancer – Early Detection

NOVEMBER 5
Weight Loss Surgical Options

NOVEMBER 12
Infertility & Treatment Options

DECEMBER 3
Weight Loss Surgical Options

DECEMBER 10
The Keys to Eating Healthy

Community Health Screenings

The following is a schedule of Palisades Medical Center's free health screenings that will be held in our local communities in the coming weeks. For more information, please call Joanne Riggs at 201-854-5793.

October 4 • 10:00 am - 2:00 pm

Trinity Episcopal Church • 555 Palisade Ave., Cliffside Park, NJ
(Screenings will include blood pressure, peak flow, body mass index BMI, and pulse oximetry)

October 11 • 9:00 am - 2:30 pm

Gospel Tabernacle Assembly of God Church • 51st St. and JFK Blvd., North Bergen, NJ
(Screenings will include blood pressure, blood sugar, cholesterol, peak flow, body mass index BMI, Derma-scan, pulse oximetry, and registration for NJ Family Care)

October 18 • 10:00 am - 3:00 pm

St's Joseph and Michael Church • 1314 Central Ave., Union City, NJ
(Screenings will include blood pressure, blood sugar, cholesterol, peak flow, body mass index BMI, and pulse oximetry)

November 1 • 9:00 am - 3:30 pm

St. Anthony Church • 615 8th St., Union City, NJ
(Screenings will include blood pressure, blood sugar, cholesterol, peak flow, body mass index BMI, Derma-scan, pulse oximetry and registration for NJ Family Care)

November 8 • 9:00 am to 3:30 pm

St. Joseph of the Palisades • 6401 Palisade Ave., West New York, NJ
(Screenings will include blood pressure, blood sugar, cholesterol, peak flow, body mass index BMI, and pulse oximetry)

Free Clinical Breast Exams and Cervical Screenings

Palisades Medical Center's Breast Cancer Community Outreach Program provides a full circle of breast cancer education and care to our area's uninsured and underinsured women and men age 40 to 64. Other requirements may apply according to specific exams. You may also qualify for this special program if you are younger than 40 years of age, are a resident of Hudson or Bergen County, have no insurance, and have a family history of these cancers or are at high-risk for breast cervical or colorectal cancers. For more information, please call Joanne Riggs at 201-854-5793.

Birthing Center Classes

The Birthing Center at Palisades has been given a 5-Star Rating from HealthGrades, the world's leading healthcare ratings organization. Classes offered to parents cover the following topics:

- Breathing and Exercise Techniques
- Pain Management
- Caring for Your Newborn and Infant
- Prenatal Breast Feeding

All Birthing Center classes include free breakfast and free parking. To register, please call Nikki Mederos 201-854-5702.



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201-854-5008

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*Stay up to date on the PMC Foundation's latest news!
Visit www.palisadesmedicalfoundation.org*

Save the Date!

2009 STAR STREAM BALL

October 31, 2009 • 7:00 PM
Pleasantdale Chateau
West Orange, NJ

PALISADES CLASSIC

May 24, 2010
Ridgewood Country Club
Paramus, NJ

MASQUERADE 2009 Star Stream Ball

Last minute details are being finalized to make this year's Star Stream Ball a truly memorable Halloween Night.

Hundreds of the PMC Foundation's strongest supporters will enjoy this year's special Masquerade Ball on Saturday, October 31, at the beautiful Pleasantdale Chateau in West Orange. Both Mark S. Gabelman, MD, President of the Medical Staff at Palisades, and Antonio Ibarria, Founder and Publisher of The Ibarria Publishing Group, will be honored for their outstanding work in supporting the health

and well being of our local residents.

The Planning Committee also recently announced that a special feature speaker has been added to the evening's agenda.

Miracle on the Hudson flight survivor Dave Sanderson will be in attendance and will speak about the amazing care he received at Palisades following the water landing of U.S. Airways Flight 1549. Mr. Sanderson was one of the 155 passengers and crew aboard the "Miracle" flight that survived in the frigid waters of the Hudson River on January 15.



*You should have already received
your invitation to the*

2009 Star Stream Ball

*To reserve your seats or purchase an
advertisement in the event journal, please
visit palisadesmedicalfoundation.org*